THE HEXTOL FOUNDATION

FOR WORKING OPPORTUNITIES

The Hextol Tans is part of The Hextol Foundation, a registered charity which supports people with learning differences and/or mental health needs. We provide opportunities to train, work and socialise, and many of our staff in the Tans benefit from this support.

Our work provides structure and purpose, improves self esteem and confidence whilst challenging stigma and prejudice.

We have a range of volunteering opportunities available, including at The Hextol Tans. If you would like to help us make a difference we would love to hear from you! To find out more please visit www.hextol.org.uk or call 01434 605253

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BREAKFAST

opening - 11.30AM

Vegetarian breakfast £11 (gf option)
2 vegan sausages, baked beans, tomato, mushrooms, 2 hash browns, fried egg & 2 slices of toast

Vegan breakfast £11 (gf option)
2 vegan sausages, baked beans, tomato, mushrooms, 2 hash browns, scrambled tofu & 2 slices of toast

Small breakfast £6.50 (gf option)
1 vegan sausage, baked beans, hash brown & 1 slice of toast

Smashed avocado on seeded toast £7.35 (gf option)
served with pumpkin seeds and tomato relish (vegan)
add poached/scrambled eggs or vegan feta **£8.50**

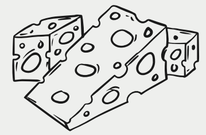
Orders will be taken at the table.

All our food is freshly prepared - your patience is appreciated!

All items are available to takway.

AVAILABLE UNTIL 3PM*

(*excluding staff break time 11.30-11.50)



Sausage sandwich £6.00 (gf option)
vegan sausages - add a fried egg for **95p,** mushrooms or tomato for **85p each**

Eggs on toast £6.00 (gf option)
two eggs - choose from poached, fried or scrambled

Beans on toast regular £5.50 small £4.75
(vegan) (gf option)

Garlic mushrooms on toast £6.95
(vegan) (gf option)

Omelette £8.50
choice of two fillings: cheese, mushrooms, peppers, onions, tomato or spinach
(served with a salad garnish)

2 slices of toast, jam & butter or vegan spread - £3.00
(gf option)



Allergies - Please let us know about any allergies or intolerances when you place your order. Our food is prepared in a kitchen where nuts, gluten and other known allergens may be present. We take care to prevent cross-contamination, however, any product may contain traces as all menu items are produced in the same kitchen.

LUNCH MENU
11.50AM - 3PM

Homemade soup
with bread (gf option) or cheese scone (see blackboard for details)
regular £7.40 small £5.50

Daily Special (see blackboard for details)
regular £9.85 small £6.00

Veggie chilli & rice (GF & vegan)
regular £9.85 small £6.00

Homemade quiche of the day (see blackboard for details)
served with salad, vegan coleslaw & red onion chutney
regular £9.85 small £6.00

Mixed salad bowl - mixed leaves, red onion, cucumber, tomato, pumpkin seeds, dressing and coleslaw (vegan) **£5.50**
Add choice of falafel, coronation chickpea, egg mayo, cheese (vegan option) or feta (vegan option) **£3.50**



Small soup and sandwich £8.80 (see fillings below)
Small soup and panini £9.85 (see fillings below)

The following fillings are available for sandwiches, toasties and paninis

Choose one of (option to add extra main filling for £1):
cheese (vegan option), feta (vegan option), brie, mozzarella, hummus (vegan) falafel (vegan), coronation chickpea (vegan), roast veg (vegan) or egg mayo

and add additional fillings of your choice, from the following
vegan pesto, red onion chutney, cranberry sauce, pickle, chilli jam, hummus, tomato, onion, lettuce, vegan coleslaw, vegan mayo

Toasted panini £9.35
served with salad, vegan coleslaw and crisps

Sandwich £8.10 (gf option)
served with salad, vegan coleslaw and crisps

Toasted sandwich £8.85 (gf option)
served with salad, vegan coleslaw and crisps

Oven cooked jacket potato £9.35
served with salad and vegan coleslaw
Garlic mushrooms (vegan)
Cheese & beans (vegan option)
Hummus & roasted veg (vegan)
Veggie chilli (vegan)
Coronation chickpea (vegan)



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We do not accept any tips. Any additional payment we receive will be treated as a donation and used for the benefit of the Hextol Foundation. You can use this Gift Tap QR code, or the donation box on the counter. Thank you.

The Hextol Foundation, 14c Gilesgate Hexham NE46 3NJ
Charity no. 1120857 Company no. 5896869

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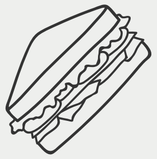
SMALLER PLATES

Cheesy pasta £5.50



Main course half-portion £6.00

Beans on 1 slice of toast £4.75 (vegan) (gf option)



Small toastie with crisps £5.50 - cheese, cheese & tomato or cheese & onion (vegan option) (gf option)

Small sandwich with crisps £5.00 - cheese (vegan), egg mayo or strawberry jam (gf option)

Hummus & toasted pitta bread £4.50 (vegan)

1 slice of toast £1.75 served with jam & butter or vegan spread (gf option) (vegan option)

COLD DRINKS

Glass of apple or orange £2.00

Glass of milk £2.00

Milkshake £3.80 or with cream £4.20 (Vegan option)
banana, strawberry or chocolate

Fentimans £3.90 rose lemonade, victorian lemonade, elderflower, ginger beer, or dandelion & burdock

Bottled sparkling / still water £2.00

Diet / Coca Cola £2.50



Smoothie £4.95 (please ask for flavours)
Iced tea £3.50 (please ask for flavours)
Iced matcha £4.10
Iced latte £4.10
Iced frappe £4.10
Caramel frappe £4.60

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HOT DRINKS

Milk alternatives: oat or soya add syrup for 50p

Americano £3.80

Espresso £3.20

Double espresso £3.50

Cappuccino £3.95

Latte £3.95

Flat white £3.95
(decaffeinated options available)

Tea £3.30 regular, decaffeinated or Earl Grey

Twining's teas £3.40 cranberry & raspberry, lemon & ginger, camomile, green tea, peppermint, or redbush

Filter coffee £3.50
(inc. free refill)



Hot chocolate £3.85 (vegan)
with cream and
marshmallows **£4.25 (vegan option)**

Orders will be taken at the table.

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All items are available to takeaway.

HOMEMADE CAKES

Fresh sweet scone and butter with jam £3.25
add clotted cream or vegan cream for **60p**

Cheese scone with butter £3.25

Toasted currant teacake with jam & butter or vegan spread £3.75

Cream tea for one
(sweet scone, clotted cream & jam, served with tea or filter coffee) **£6.45**

Homemade cakes from £4.20
Homemade tray bakes £3.25
Homemade cookies from £1.25 (gf & vegan)

Please ask for today's delicious selection!