

## BBQ was a resounding success!

Hi All – It's been all go for us in the last few weeks as more and more of you have returned. It is great that we now have so many of you back, and I hope even more of you will be able to re-join shortly.

Our "welcome back" barbecue a couple of weeks ago was fab! It was our first social event since Christmas 2019 and a wonderful opportunity to get back together again. Smile through Sport laid on some really entertaining activities which we did indoors because of the weather. There are some good pictures below.

We are busy planning our next social event, a Christmas Party, and will be giving you more details shortly. Hopefully nothing will happen between now and then to change our plans!

I hope most of you will now have met Jo Elliott. If not she will be making a point of chatting to you soon.

We have another new member of staff joining in the Tans next week and we'll tell you more about Emma in the next Hextol *happenings*.

We love celebrating your achievements and we have some very special ones in this edition. First a big shout out to Alfie and Arthur who both completed the Great North Run in fantastic times! And Katelyn has produced a marvellous film about her work at Hextol. Well done all of you.

Stay safe and don't forget the pandemic is still with us and it's still important to follow all the rules we have in place to protect you.

Thanks



Photos of our volunteers enjoying games with Smile Through Sport at the Summer welcome back BBQ

### John's Quiz Question #2

Q: What European country did you not need a driving licence to drive until 1971? (answer in issue 54)

Answer to question #1 (in issue 52): Sausages

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The Hextol Foundation  
The Hextol Tans



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# Volunteers complete the Great North Run!



On the 12th September 2021, two of our Hextol volunteers completed the Great North Run in brilliant times!

Arthur Vane (pictured left) and Alfie Bowlby (pictured right), both trained hard to complete the race .

We are inspired by their commitment and achievement . Well done guys!



# Katelyn teams up with Beacon Films



Tans Café and Greenbox volunteer Katelyn McKie teamed up with Beacon Films to make a short film about Hextol.

Beacon Films are a production and training company of filmmakers with learning disabilities, autism and additional needs.

They work with clients and partners to support members to develop their professional skills, and produce outstanding films.

They support filmmakers in to volunteering and paid employment to help challenge stereotypes of disability through their talent and creativity.

To find out more visit their website here:  
[www.beaconfilms.org.uk](http://www.beaconfilms.org.uk)

Check out Katelyn's film on our website ([www.hextol.org.uk](http://www.hextol.org.uk)) or social media pages, its brilliant!

Well done Katelyn, what a great achievement!

## Fundraising through Co-op causes

### Co-op Causes

You have until the 23rd October 2021 to support our Co-op causes initiative!

If you are a Co-op member and choose Hextol to be your cause, when you buy selected Co-op branded products and services, we will receive 1p from every pound spent .

So if you are a Co-op member please choose us as your cause and help us raise as much as we can.

<https://membership.coop.co.uk/causes/44004>